# HOTSHOTS

# Different. Progressive. Flexible. FUN.

Hot Shots is an out-of-school, team-based program designed for kids new to tennis.

Our goal is to integrate kids into an fun, social, and dynamic environment by refraining from lectures and drills.

### **The Games**

### **Competitive & Cooperative**

- Incredibly engaging & fun
- Developmentally appropriate so all players can be success quickly
- Increasingly more challenging as players progress through various "levels".

### The Curriculum

The program overview, basic rules & tips, and Play Plans will challenge players based on experience & ability.

- (1) Introductory Folder (2) Grips Page
- (3) Fast Track 5 (4) Power Shots Play Plan
- (5) Levels 1 Play Plan (6) Level 2 Play Plan
  - (7) Level 3 Play Plan

### The Breakdown

Six Sessions. Four Parts.

- (1) Athletic Skills
- (2) Team Play
- (3) Skills Check
- (4) Group Games / Play & Tactics

## The Flexibility

### The perfect program for YOU.

Anyone can run a program as an instructor, or "Commissioner of Play" (COP).

Anyone can play no matter the age, development level, or technical ability. The program can be anywhere—
a gym, parking lot, or tennis court.

The program can be held at *anytime*— before/after school or work week/weekends

The length of the program can fit any schedule—for 1, 2, 3, or 6 weeks.





### Ready to get started?

Visit the Hot Shots page on our USTA Texas Youth Tennis website:

http://www.youthtennistexas.com/

